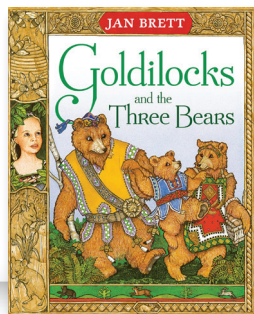


## GOLDILOCKS AND THE THREE BEARS written by Jan Brett



**Jan Brett** is considered to be one of the nation's foremost author/illustrators of children's books. Her colorful, detailed depictions of a wide variety of animals and human cultures range from Scandinavia to Africa.

As a child, Jan decided to be an illustrator. She spent hours with books, reading, drawing and enjoying the imaginary places she visited. The details help to convince her and others that such places could be real.

### »» BEFORE READING

It is best to read together, often. Plan time to read this book to your children or class a few times over the next week.

Pre-read the book by looking at the pictures together and ask children things they notice about the illustrations. Allow time for them to share all observations about the book. Help children notice other animals and insects in the pictures and the details? List some of them:

Deer, butterflies, mice, owls, etc. For ages 3+ make a list of the creatures together as a whole group. Write the names of the creatures children list on a white board or large sheet of paper.

### »» READ THE STORY

#### AS YOU READ:

Ask children about the details in the book. Help them notice repetition, texture and pattern. Define those words simply.

**Repetition:** when a single word, phrase or image is used more than one time for effect.

**Texture:** how something feels when it is touched. Artists use texture in their art to help tell a story and to make the

picture look like it is not flat, but that it has dimension or is 3D.

**Pattern:** repeated decorative design.

### »» SENSORY MOTOR PLAY

**NOTE:** Children can do these sensory activities while you read the book.

#### Why Sensory play?

- Babies learn to freely explore and investigate
- Infants learn sensory attributes (i.e. hot, cold, wet, dry, soft, hard)
- Babies develop motor skills
- Infants develop the skill of focus

### »» ACTIVITIES

#### ACTIVITY ONE: SENSORY BAG (12 months-4 years)

Supplies needed:

- Ziplock bags
- Gummy bears
- Duct tape-patterned tape is fun



1. Fill a resealable plastic bag with gummy bears. As an option, add some water. The gummy bears will break down.
2. Zip the bag shut, tape over the zip to ensure nothing spills out. Tape the edges too.
3. Let babies explore the sensory bag on the floor during tummy time or tape it to a wall or window to encourage strengthening the torso or pulling up to stand for milestone appropriate play.



3. This sensory bin is like a hide and seek with the rainbow bears in the rainbow pasta. Children can search for all of them. Use this sensory bin to practice counting. You can put a certain number of bears in the bin and count together when kids find them.



4. Add pipe cleaners to string the pasta to practice fine motor skills.



## ACTIVITY TWO: RAINBOW SENSORY BIN

(Ages 2+ years)

Supplies needed:

- 2 boxes of ditalini pasta
  - Tote or sensory table
  - Liquid watercolors or food coloring
  - Rainbow pipe cleaners
  - Scoops, measuring cups, etc. (optional)
  - [Rainbow counting bears](#)
1. To make the colorful pasta, split two boxes of pasta up into 5-8 bags (depending on your colors). Add a few squirts of liquid watercolor to the bag and shake everything up. Next, spread the colored pasta onto some wax paper and let it dry for a bit.
  2. Sensory bins are limitless. Kids can simply feel the materials. Add additional tools for scooping, pouring, measuring, transferring and more.



## ACTIVITY THREE: GROSS MOTOR

(Ages 2+ years)

This fun song includes actions. It can be used to teach about respecting others and emotions.

### Actions:

Alternate patting the thighs and clapping the hands throughout the song

### Voices:

Use a gruff voice for the papa bear

Use a sweet voice for the mama bear

Use a cutesy, pouty voice for the wee bear

### Song:

This is the story of the three bears

The Mama and the Papa and the wee bear (enunciate 'wee' and throw hands up in the air on this word)

They went for a walk in the early morn'

And when they came back their house was torn

### Papa Bear gruff voice:

Someone's been sitting in my chair, said the papa bear,  
said the papa bear



**Mama Bear sweet voice:**

Someone's been sitting in my chair, said the mama bear,  
said the mama bear

**Baby Bear cutesy, pouty voice:**

Rotate the hands one in front of the other, then flip the  
right hand up as you sing

Bear, bobaree bear,

Rotate the hands one in front of the other, then flip the  
left hand up as you sing

Said the little wee bear

Return to the alternating thigh slap and hand clap and  
sing

Someone's been sitting in my chair too

**Papa Bear gruff voice:**

Someone's been sitting eating my food, said the papa  
bear, said the papa bear

**Mama Bear sweet voice:**

Someone's been eating my food, said the mama bear,  
said the mama bear

**Baby Bear cutesy, pouty voice:**

Rotate the hands one in front of the other, then flip the  
right hand up as you sing

Bear, bobaree bear,

Rotate the hands one in front of the other, then flip the  
left hand up as you sing

Said the little wee bear

Return to the alternating thigh slap and hand clap and  
sing

Someone's been eating my food too

**Papa Bear gruff voice:**

Someone's been sleeping in my bed, said the papa bear,  
said the papa bear

**Mama Bear sweet voice:**

Someone's been sleeping in my bed, said the mama bear,  
said the mama bear

**Baby Bear cutesy, pouty voice:**

Rotate the hands one in front of the other, then flip the  
right hand up as you sing

Bear, bobaree bear,

Rotate the hands one in front of the other, then flip the  
left hand up as you sing

Said the little wee bear

Return to the alternating thigh slap, hand clap and sing

Someone's been sleeping in my bed, too

And, she's still there!

**ACTIVITY FOUR: MATH WITH BEARS**

(Ages 3-5+ years)

Supplies needed:

- Printable from [Meaghan Kimbrell](#)
- 4 bear counters
- Die
  1. Use this printable from Teachers Pay Teachers for children to play on their own or with a group of 3 friends. Follow the directions on the top of the page.
  2. This is a great game for a home connect to give children extra practice.

**ACTIVITY FIVE: LITERACY MATCHING GAMES**

(Ages 3+ years)

1. Play [memory match game](#).
2. Print these [animals](#) from Jan Brett books to play a memory match game.
3. Print enough for children to play with partners.
4. Print one copy per child to send them home.

**Additional Resources:**

Book: [Bear Sees Colors](#), by Karma Wilson and Jane Chapman

Goldilocks and the Three Bears [FREE resource](#) from Teachers Pay Teachers for Emergent Readers

**>> THANKS TO OUR CREATORS:**

"It is with gratitude that we are able to work with other outstanding resources already available and I am truly happy to share those in this set of activities with you." -Cary A. Thrall