

5 Phases of CTC

Phase 1: Get Started

Communities get ready to introduce CTC.

Using the online tools at www.communitiesthatcare.net and with coaching from a CTC specialist, you can create a small group to explore the advantages of CTC for your community and explore key leader interest. Key community leaders will attend an orientation provided by a CTC specialist in your community. Once key leaders have decided to use the Communities That Care system, your community will start the work of implementing CTC.

Phase 2: Get Organized

Communities form a board or work within an existing coalition. After recruiting community board members, they:

- Learn about prevention science.
- Write a vision statement.
- Organize workgroups.
- Develop a timeline for installing CTC.

Phase 3: Develop a Community Profile

Communities assess community risks and strengths—and identify existing resources. The community board and workgroups:

- Review data from the community's youth survey.
- Identify priority risk and protective factors that predict targeted health and behavior problems.
- Assess community resources that address these factors.
- Identify gaps to be filled in existing resources.

Phase 4: Create a Community Action Plan

The community board creates a plan for prevention work in their community, to:

- Reduce widespread risks and strengthen protection.
- Define clear, measurable outcomes using assessment data.
- Select and expand tested and effective policies and programs using the *Blueprints for Healthy Youth Development* website.

Phase 5: Implement & Evaluate

In this final phase, communities:

- Implement selected programs and policies.
- Monitor and evaluate them.
- Measure results and track progress to ensure improvements are achieved.